# Bullying and Harassment Policy (Sample)

# Introduction

# Everyone will be treated with dignity and respect at [Organisation name]. Bullying and harassment of any kind are in no-one's interest and will not be tolerated in the workplace. This includes bullying or harassment of staff, volunteers and service users. This policy applies to all Trustees, members, volunteers and staff on and off the premises, including those working away from their main office or place of work. Bullying and harassment will be treated as disciplinary offences.

# What is Bullying and Harassment?

# Harassment, in general terms is unwanted conduct affecting the dignity of an individual or group in the workplace, where actions or comments are viewed as demeaning and unacceptable to the recipient. It may be related to age, gender, race, disability, religion, belief, sexuality, nationality or any personal characteristic of the individual, and may be persistent or an isolated incident.

# Bullying is offensive, intimidating, malicious or insulting behaviour, an abuse or misuse of power through means intended to undermine, humiliate, denigrate or injure the recipient. Bullying or harassment may be by an individual against an individual or involve groups of people. It may be obvious or it may be insidious. It may be face to face or in written communications, e-mail, phone. Whatever form it takes, it is unwarranted and unwelcome to the individual. It may take place in private or in public. For further guidance see [Workplace bullying and harassment - GOV.UK (www.gov.uk)](https://www.gov.uk/workplace-bullying-and-harassment#:~:text=Employers%20are%20responsible%20for%20preventing,and%20handling%20bullying%20and%20harassment.).

# Examples of bullying/harassing behaviour include: spreading malicious rumours, or insulting someone by word or behaviour (particularly on the grounds of race, sex, age, disability, sexual orientation and religion or belief); copying memos that are critical about someone to others who do not need to know; ridiculing or demeaning someone - picking on them or setting them up to fail; exclusion or victimisation; unfair treatment; overbearing supervision or other misuse of power or position; unwelcome sexual advances - touching, standing too close, the display of offensive materials; making threats or comments about job security without foundation; deliberately undermining a competent worker by overloading and constant criticism; preventing individuals progressing by intentionally blocking promotion or training opportunities.

# Legitimate, constructive and fair criticism of an employee’s performance or behaviour at work is not bullying. An occasional raised voice or argument is not bullying.

# Procedures

# Complaints of bullying and/or harassment, or information from staff relating to such complaints, will be dealt with fairly and confidentially and sensitively using the general format set out in [Organisation name]’s complaint’s procedure. However, bullying or harassment will not be treated as a standard grievance, it is a serious issue and will be treated as such. Where complaints of bullying or harassment involve your line manager approaches should be made to another appropriate manager. Complaints will be taken seriously and investigated promptly, objectively and independently. Decisions can then be made as to what action needs to be taken.

# Informal - if appropriate, the matter will be dealt with informally; sometimes people are not aware that their behaviour is unwelcome and an informal discussion can lead to greater understanding and an agreement that the behaviour will cease.

# Formal action - more serious cases of bullying or harassment will be dealt with under the organisation’s disciplinary procedures. Where bullying or harassment amounts to gross misconduct, dismissal without notice may be appropriate. The person making the complaint will not be moved unless they ask for such a move.

# Counselling and Mediation

# Counselling or mediation may be considered, particularly where investigation shows no cause for disciplinary action, or where it may be useful to help resolve the issue or help support the person accused as well as the complainant.

# Unfounded allegations

# Employees lodging a complaint will not be disciplined for doing so unless somebody makes an unfounded allegation of bullying and/or harassment for malicious reasons. The case will then be investigated and dealt with fairly and objectively under the disciplinary procedure.

# Tribunal and other court cases and payment of unlimited compensation

# The legal position

# Discrimination and harassment - It is not possible to make a direct complaint to a tribunal about bullying. However, employees might be able to bring complaints under laws covering discrimination and harassment.

# Unfair dismissal

# Employers have a duty of care for all their employees. If the mutual trust and confidence between employer and employee is broken – for example through bullying and harassment at work – then an employee can resign and claim “constructive dismissal on the grounds of breach of contract”. Employers are usually responsible in law for the acts of their workers. Breach of contract may also include the failure to protect an employee’s health and safety at work. Under the Health and Safety at Work Act 1974 employers are responsible for the health safety and welfare at work of all employees. The Health and Safety Executive’s “Guidance on stress in the workplace” includes the advice that “stress should be treated like any other health hazard” and that employers have a “legal duty to take reasonable care to ensure health is not placed at risk through excessive and sustained levels of stress”.

# Action by Management

Management should be clear about the standards of behaviour expected, set a good example in their own behaviour and ensure that individuals are fully aware of their responsibilities to others.

**Procedures**

Bullying should not be treated as a standard grievance; it is a serious issue and must be treated as such. Complaints of bullying and / or harassment, or information from staff relating to such complaints, must be dealt with fairly and confidentially and sensitively using the general format set out in the organisation’s grievance procedures.

**Investigation**

Complaints must be taken seriously and investigated promptly and objectively. Employees do not normally make serious accusations unless they feel seriously aggrieved. The investigation must be seen to be objective and independent. Decisions can then be made as to what action needs to be taken.

**Informal approaches**

In some cases, it may be possible to rectify matters informally. Sometimes people are unaware that their behaviour is not welcome and an informal discussion can lead to greater understanding and an agreement that the behaviour will cease. It may be that the individual will choose to do this themselves, or they may need support from a manager, a colleague or an employee representative. Counselling or mediation may be used where appropriate, particularly where investigation shows no cause for disciplinary action, or where doubt is cast on the validity of the complaint. Counselling may be used to resolve the issue or help support the person accused as well as the complainant.

**Serious misconduct**

In cases which appear to involve serious misconduct, and there is reason to separate the parties, a short period of suspension of the alleged bully/harasser may need to be considered while the case is being investigated. The person making the complaint will not be transferred unless they ask for such a move. When somebody makes an unfounded allegation of bullying and/or harassment for malicious reasons the case should be investigated and dealt with fairly and objectively under the disciplinary procedure.

# POLICY DATED (*insert date when approved by trustees/board): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

# SIGNED (Chair of the meeting): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# REVIEW DATE: *2 years after date of policy*